THE BETHANY GROUP



Continuing Care Homes Type A & B







BOOKLET

ABOUT THE BETHANY GROUP

Bethany Nursing Home of Camrose (operating as The Bethany Group) is a public, not-for-profit, organization providing health care and housing services to over 2,600 households in 30 communities throughout Central Alberta. Originally established in 1922 by the Lutheran Church to operate a home for the aged in Bawlf, Alberta, the organization today operates pursuant to the Bethany Nursing Home and Auxiliary Hospitals Act, as well as a Public Housing Management Body pursuant to the Alberta Housing Act.

As a nonprofit, all funding and monies is put towards the services and programs The Bethany Group operates. Whether it be for seniors in Continuing Care, Lodges, or Subsidized Apartments or for individuals and families through Social Housing and Rent Supplement Programs, The Bethany Group invests its resources to improve the lives of its clients.

The Bethany Group also places importance on building relationships, not only with clients but with similar organizations. Working with its partners allows all organizations to better meet the needs of the communities they serve and respond to changing directions set by the government.

Anticipating the future and building the foundation now allows The Bethany Group to serve people, not just in the present, but in the future as well. The Bethany Group has a long history of responding to community needs with innovative solutions and strategic partnerships. The latest relationship, established in January 2015, with Parkland Foundation is an example of the organization's dedication to providing housing and care to those in need. The foundation joins a family that includes Lacombe Foundation, the Flagstaff Regional Housing Group, Wetaskiwin & Area Lodge Authority and Camrose & Area Lodge Authority. The organization operates as the management body reporting and accountable to the existing local community Boards and the Government of Alberta.

ABOUT CONTINUING CARE

Alberta's continuing care system provides Albertans with the health & personal care and accommodations services they need to support their independence and quality of life.

Continuing Care Type A - formerly Long-Term Care - provides care and accommodation services to those with complex health needs who are unable to remain at home or in a supportive living setting. Residents pay an accommodation fee to cover the costs of providing accommodations and services. Health services in Continuing Care Type A are publicly funded through Alberta Health Services.

Continuing Care Type B - formerly Designated Supportive Living - combines accommodation services in a home-like setting with other supports and care. The intent is to keep residents as independent as possible while they have access to accommodation and services to meet their changing needs. Residents pay an accommodation fee to cover the costs of providing accommodation services, as well as any optional services that may be offered. Publicly funded health and personal care services provided in Continuing Care Type B are paid for by Assisted Living Alberta.

The Bethany Group is regularly audited and in compliance with Supportive Living Accommodation Standards and Continuing Care Health Services Standards.

Residents are placed in a Continuing Care Type A or B facility by Assisted Living Alberta Home Care after an assessment. The Bethany Group is not involved (in the placement process) until a resident is placed in one of its facilities by Home Care.

SERVICES COMPARISON

Accommodation Services	**Continuing Care Type B**	**Continuing Care Type A**
Food Services	✓	✓
Housekeeping	✓	✓
Personal Laundry	✓	✓
Life Enrichment	✓	✓
24-Hour Staffing	✓	✓
Health Services		
Health Care Aides	✓	✓
Licensed Practical Nurse	✓	✓
RN/RPN		✓
Professional Therapies		✓
Non-Professional Therapies	✓	✓
Included in Monthly Charge		
Regulated Accommodation Fee	✓	✓
Cable TV	*fee*	*fee*
Personal Laundry	*fee*	*fee*
Washing Machines	✓	✓
Breakfast Meal	✓	✓
Lunch Meal	✓	✓
Dinner Meal	✓	✓
Weekly Room Clean	✓	✓
Annual Room Clean	✓	✓

Additional monthly charges are optional and vary depending on community and location. Please contact the site directly for the most current prices.

FREQUENTLY ASKED QUESTIONS

What is the process for moving into a care/supportive living facility?

The first step in determining whether you or your family member needs to move into a supportive or facility living setting is to have him/her assessed by Assisted Living Alberta Home Care (1-855-371-4122 for the Continuing Care Access line). You may also talk to your doctor about next steps.

A Case Manager will be assigned to you or your family member, who will work with the client and family to find the most appropriate living option to meet care needs.

Can my spouse live with me?

While Home Care does its best to keep family members together, clients are assessed as individuals and the best care option is determined for each person. Sometimes, this will mean moving to separate facilities to meet each person's individual care needs. Every effort is made to keep you close together.

Who will take care of me?

Depending on whether you are placed in a Type A or Type B facility, you will have various levels of care staff.

In both places, Health Care Aides are available and on-site 24 hours a day. In Type A, a Registered Nurse is also available and on-site 24 hours a day, while in Type B, a Registered Nurse is available but not on-site.

All Bethany Group staff are qualified and competent in their positions. An in-house Education team also provides staff with comprehensive training to maintain their qualifications, meet necessary Accommodation and Health Standards, as well as provide high quality service and care.

Is financial support available?

The provincial and federal governments provide income support programs to assist low-to-moderate income residents. Additional information on these programs is available by calling Alberta Supports toll free at 1-877-644-9992. Please see the financial information on the next page.

FINANCIAL INFORMATION

There are steps you and your family should take to ensure that you receive all the financial benefits that you are entitled to.

It is important to note that if a family member is phoning on your behalf, you need to be physically present to give permission for the agency's representative to speak with your family member. In cases where the resident is no longer able to speak for him/herself and their Enduring Power of Attorney has been brought into effect, that document will need to be sent to the agency before they will disclose any information to the agent/trustee listed on the document. If a doctor's evaluation is required to bring the Enduring Power of Attorney into effect, send that document in as well.

1. If you receive a net income (line 236 on income tax form) under the specified amount per year based on your last income tax form, you are eligible to receive benefits from Alberta Seniors Benefits (provincial program).

If you require an application form for Alberta Seniors Benefits, you can receive one from Home Care, visit www.seniors-housing.alberta.ca or call 1-877-644-9992.

If you are already receiving this benefit, you will still need to contact Alberta Seniors Benefit (1-877-644-9992) to ensure they are aware of the move into the new facility and thus any additional costs involved. You may also be entitled to the Supplementary Accommodation Benefit.

When you phone Alberta Seniors Benefit, you will need your Alberta Health Care Number, the date you moved, name and address of the facility, and the date you were assessed (your case manager will have that date).

2. If you are already receiving Alberta Seniors Benefit, then you may qualify for Special Needs Assistance for Seniors if your gross income (line 150 on Income Tax Return) is under the specified amount.

This program can cover primary needs such as: medication costs over set amounts/month; lift chairs; podiatrist costs; bed; nutritional drinks ordered by the doctor.

If your gross income is less than the specified amount, you qualify for secondary needs which can include: laundry costs; television; respite care. The application forms are fairly straight forward and may be beneficial.

Alberta Seniors Benefit has recognized that the prescription cost may be a hardship for some families. They are prepared to accept only a three-month printout versus a year printout of your prescription costs. A note of explanation as to the aforementioned change needs to accompany the form and printout.

3. If you receive Old Age Security (OAS), you may be eligible for additional funding through Guaranteed Income Supplement (federal program). To confirm you are receiving this benefit call Service Canada at 1-800-277- 9914. You must provide your Social Insurance Number when calling.

If you have been "involuntarily separated" from your spouse because of care needs, a letter needs to be written to OAS. OAS will require the name and address of the facility your spouse moved into, as well as the date of the move. OAS will then send you a form to fill out. This way OAS will know that the family has to pay for two separate residences, and there may be some compensation for this through the Guaranteed Income Supplement. Alberta Seniors Benefit should also be notified of the Involuntary Separation.

4. If you receive support through the Department of Veteran Affairs, you may also be eligible for some financial support for both the veteran and his/her spouse. The phone number to call is 1-866-522-2122.

If you have questions or require assistance, please contact Home Care or the site social worker.

CONTACT US

Contact us today to find out more about continuing care living in Camrose, Bashaw, and Wetaskiwin.

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