Crossroads Adult Day Program



For More Information

Main Office
4612 - 53 Street
Camrose, AB T4V 1Y6
Tel: 780-679-3045
Fax: 780-679-3071

Camrose Location
4612 - 53 Street
Rosehaven Heritage Bldg

Wetaskiwin Location
4501 - 60 Street
Peace Hills Lodge

THE BETHANY GROUP

www.thebethanygroup.ca

About The Bethany Group

The Bethany Group, a non-profit charitable organization, is a leader in Canada for creating a model of partnership working for the social good. It's presence in communities focuses on taking care of individuals and families through health and housing services.

Established in 1922, The Bethany Group is driven by the people who work and volunteer for the organization to make the lives of the people they serve better. It also continues to honour its faith-based roots and provide a holistic approach to caring for its clients.

From continuing care, supportive living and independent living for seniors to a variety of housing programs including affordable family housing, the organization remains committed to giving its residents and clients an enhanced quality of life.

Mission

Our **mission** is providing person-centered service that builds a caring community, connects people and makes a positive difference in each person's life through the provision of Health, Housing and Supportive Living services.

About Crossroads

Available in Camrose and Wetaskiwin, the Crossroads Day Program is a service for people in the community who need support and assistance to maintain their independent living situation.

Program participants continue to live in their own residence (within Camrose or Wetaskiwin and surrounding areas) and come to the program during the day for a variety of social programs.

The programs offer socialization; recreation and leisure activities; special diets; and, family education and support.

Programs are scheduled from mid-morning to mid-afternoon.

Anyone can refer to the program. If you are receiving Home Care services, the Home Care Case Coordinators are a helpful resource. Referral forms can also be picked up from the Crossroads Day Program Staff.

Frequently Asked Questions

How do I get started in the program

Anyone can refer to the program. If you are receiving Home Care services, the Home Care Case Coordinators are a helpful resource. Referral forms can also be picked up from the Crossroads Day Program Staff.

How many days can I attend?

Most people are registered for two days per week, but the Day Program Staff will help you determine what would be the best based on your individual needs.

Can people in wheelchairs?

Yes, they can safely be accommodated.

How do I know I will be safe at the program?

All Crossroads staff members are trained in First Aid. A staff person with Health Care Aide training is always present.

Where is the program located?

The program is in Camrose and Wetaskiwin. Please see the back of this brochure for addresses and contact information.

Eligibility

In order to participate in the program, clients must:

- be registered as a Home Care client;
- be assessed as requiring a type of Wellness Service;
- be a resident of Alberta;
- be living in the community or in the process of being discharged home;
- have and maintain contact with a physician in the community;
- be motivated to become involved and participate in the program;
- be able to function in a group and not demonstrate behaviour harmful to themselves or others;
- not require constant one-to-one supervision; and,
- be able to attend on a regular basis.

Each potential participant is assessed to identify their needs and to ensure the services being provided can be adapted to address their needs. We welcome:

- individuals with memory impairments
- individuals with chronic health issues, whether physical, mental, emotional or social in nature

Fees & Services

- There is no daily attendance fee associated with this program.
- There is a fee for the optional lunch and snacks.

Activities

The program provides a variety of activities that may include:

- Daily exercise
- Current events
- Discussion sessions
- Table games
- Baking & cooking
- Crafts
- Music & singing
- Hand bells
- Interactive games
- Mind joggers

Programs are scheduled from mid-morning to mid-afternoon.