

## Spring & Summer 2022 Regular Menu

### Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Cream of Wheat w/Flax Cheddar Cheese Buttered Whole Wheat Toast	Oatmeal w/Flax Yogurt Buttered Whole Wheat Toast	Oat Bran w/Flax Boiled Egg Buttered Whole Wheat Toast	Oatmeal w/Flax Cheddar Cheese Buttered Raisin Toast	Cream of Wheat w/Flax Scrambled Eggs Buttered Whole Wheat Toast	Oat Bran w/Flax Back Bacon Pancakes	Apple Cinn. Oatmeal w/Flax Boiled Egg Buttered Whole Wheat Toast
LUNCH	Tomato Juice  Waffles Berries & Whipped Topping Breakfast Sausages	Cream of Broccoli Soup  <b>Cold Plate</b> Chicken Salad Dinner Bun Cucumber Dill Salad	Barley Soup  Smokie Potato Salad Coleslaw	Garden Vegetable Soup  Beef & Swiss Croissant Tomato Mozzarella Salad	Cream of Celery Soup  Chicken Burger Bun Caesar Salad	Tomato Macaroni Soup  Egg Salad Sandwich Garden Salad	Lentil Soup  Beef Stew Biscuit Mixed Vegetables
	Diced Peaches	Ice Cream Sundae W/Caramel or Chocolate Sauce	Jello w/ Whip Topping	Fresh Fruit	Ice Cream Treats	Baked Cookie	Sliced Apples
SUPPER	Chicken Parmesan Buttered Rotini Broccoli  Wildberry Cobbler	Salisbury Steak Savory Diced Potatoes Montego Vegetable  Lemon Cheesecake	Cabbage Roll Casserole Perogies Sour Cream Diced Beets  Chocolate Cream Pie	Sweet & Sour Pork Buttered Rice Oriental Mixed Vegetables  Donut Holes	Lemon Pepper Haddock Fillet Mashed Potatoes & Gravy California Mixed Vegetables  Caramel Vanilla Cake	Herb Seasoned Chicken Mashed Potatoes & Gravy Carrots  Creamy Pina Coloda Pie	Honey Dijon Pork Loin Roasted Potatoes Gravy Spiced Butternut Squash  Strawberry Shortcake