

Spring & Summer 2022 Regular Menu

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Cream of Wheat w/Flax Boiled Egg Buttered Whole Wheat Toast	Oatmeal w/Flax Yogurt Muffin	Oat Bran w/Flax Cheddar Cheese Buttered Whole Wheat Toast	Oatmeal w/Flax Scrambled Eggs Buttered Whole Wheat Toast	Cream of Wheat w/Flax Yogurt Buttered Whole Wheat Toast	Oat Bran w/Flax Bacon Waffle & Syrup	Apple Cinn. Oatmeal w/Flax Boiled Egg Buttered Whole Wheat Toast
LUNCH	Tomato Juice Pancakes Bacon Berries & Whipped Cream Baked Cookie	Vegetable Chowder Hot Dog Bun Tomato Baked Beans Potato Salad Ice Cream Sundae W/Caramel or Chocolate Sauce	French Onion Soup Egg Salad Sandwich Carrot Raisin Salad Mandarin Oranges	Cream of Tomato Soup Macaroni & Cheese Garlic Sausage Braised Cabbage and Onions Fresh Seasonal Fruit	Lentil Soup BBQ Pulled Pork Burger Bun Coleslaw Sliced Pickles Ice Cream Treats	Garden Vegetable Soup <u>Cold Plate</u> Chicken Salad Dinner Bun Tomato Mozzarella Salad Diced Pears	Barley Soup Seafood Salad Croissant Cucumber & Onion Salad Peanut Butter Pudding
SUPPER	Parmesan Panko Crusted Chicken Seasoned Rice Sliced Carrots Key Lime Cake	Braised Beef Mashed Potatoes & Gravy Cauliflower w/Cheese Sauce on Side Triple Berry Crumble	Honey Garlic Glazed Pork Chops Savory Diced Potatoes Peas Oreo Cheesecake	Sweet and Savory Meatloaf Potato Wedges Broccoli Ambrosia	Krunchie Perch Tartar Sauce Roasted Potatoes Mixed Vegetables Mandarin Cream Cake	Baked Ham Scalloped Potatoes French Green Beans Strawberry Mousse Pie	Roast Beef Mashed Potatoes & Gravy California Mixed Vegetables Chocolate Cherry Cake