

## REGULAR WEEK AT A GLANCE

**Fall & Winter 2021-2022  
Week 2**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>BREAKFAST</b>	Oatmeal w/ Flax Yogurt Whole Wheat Toast	Cream of Wheat w/Flax Cheddar Cheese Assorted Muffins	Oat Bran w/Flax Scrambled Egg Whole Wheat Toast	Apple Cinn. Oatmeal w/ Flax Boiled Egg Whole Wheat Toast	Oat Bran/Flax Yogurt Raisin Toast	Oatmeal w/ Flax Breakfast Sausage Waffles w/Syrup	Cream of Wheat w/Flax Scrambled Egg Whole Wheat Toast
<b>LUNCH</b>	Corn Chowder  Denver Scramble Tomato Wedges Croissant  Sliced Peaches	Chicken Rice Soup  Chicken Tenders Plum Sauce Garden Salad Tator Tots  Ice Cream Treats	Tomato Macaroni Soup  Ham & Cheese Bun Sliced Dill Pickles Sliced Tomatos Potato Chips  Apricots	Vegetable Chowder  Bratwurst on a Bun Sauerkraut  Tangerine Mousse	Baked Bean Soup  Beef & Macaroni Casserole Montego Vegetable  Ice Cream Sundae	Cream of Celery Soup  Hot Turkey on Bread Montego Vegetable Cranberry Sauce  Donut Holes	Vegetable Barley Soup  Roast Beef Sandwich Horseradish Mayonnaise Garden Salad  Baked Apple Slices
<b>SUPPER</b>	Beef Pot Pie Mixed Vegetables Mashed Potatoes Gravy  Boston Cream Pie	Cheesy Ham & Rice Casserole Broccoli  Sour Cream Coconut Cake	Ground Beef Stroganoff Peas w/ Pearl Onions Rotini  Peach Pie	Cornflake Chicken Green Beans Mashed Potatoes Gravy  Baked Cookie	Krunchie Perch Tarter Sauce Winter Mixed Vegetable Savory Diced Potatoes  Danish	Honey Garlic Meatballs Buttered Carrots Mashed Potatoes Gravy  Lemon Buttermilk Cake	Baked Ham Creamed Corn Scalloped Potatoes  Bread Pudding